# Crystal L. Jackson

### Student Development Speaker, Author & Trainer

Crystal's story has given me the push I need in life.
Seeing the sacrifices made in order for her to accomplish goals has inspired me to do the same.

The No Quit Zone

Ashley Jackson (Texas State University, San Marcos TX)

Crystal formed the **NO QUIT ZONE**, to educate students about not giving up....not quitting. Crystal does this through high energy, interactive, engaging programs and presentations for students that create those **"defining moments"**.

### Areas of Focus:

- ✓ Leadership Development
- ✓ STEM Development
- ✓ Impact of Choices & Decision
- ✓ Dealing with Obstacles
- ✓ Character Development
- ✓ Teen Pregnancy
- ✓ Self-Esteem & Respect



### What drives Crystal's message?

At the age of 15, Crystal became pregnant and gave birth to a beautiful baby girl at age 16. Crystal's own personal choices had landed her in a very difficult situation as a sophomore in high school. However, she decided that "QUITTING" would never be an option and set out to be the best that she could be not only for herself, but her child as well.

Contact us today: 469-298-9357/ www.noquitzone.net



Pregnant at the age of 15, Crystal decided that she would not become a statistic; therefore quitting goals she set out to accomplish was not an option.

Despite all obstacles faced, she consistently set and accomplished her goals. Crystal uses her life experiences and background as a successful teen mother, a female engineer at one of the top companies in the engineering industry, and a leader to tailor her message to meet your needs.

### What If?

What if one speech, one workshop or a 2 day weekend could become a turning point for your students; a life-affirming experience that changed the way your students think about their choices, themselves and, more importantly, about how they handle obstacles? What if, they could acquire the skills to clearly address obstacles they encounter and acquire leadership skills that they'd use the rest of their life?

### Let's Face It

Let's face it, youth today are dealing with issues that are so impacting on their self-esteem, decisions, and views of life. With all the pressures to succeed, be social on campus, being a student leader, making good grades, hang around the "right" people, and the list goes; they tend to lose themselves.

### What We Believe

Crystal launched the **NO QUIT ZONE** because she believes in helping students focus on looking at how they can be positive leaders while refusing to give up despite the challenges they face.

All of her presentations empower them with real tools, real skills sets, and real resources they can use to help navigate through their day to day life.

Her story has inspired many students to press forward no matter.





## All the workshops below can be customized to fit your theme and your organizations goals.

Additional programs at www.noquitzone.net



### **Quitting is Not an Option**

Many students are dropping out, leaving student leadership positions when tasks are hard, choosing to quit instead of working through situations or simply unplugging from pursing their goals. It has become easy to "Quit". This presentation is about educating students on how to deal with situations they face as students, versus quitting and giving up.

The presentation will teach students how to identify triggers that allow them to want to quit, embrace change in both good/bad situations, build strong character, and turn "I want to quit" moments into life changing successful moments.



### Pick Your Path

While on the self-defining mission of becoming who we are created to be and "NOT QUITTING" when faced with difficult situations, there will be moments when we all must "QUIT" certain people and things. This presentation is all about "quitting" old baggage, toxic relationships, and the pursuit of dead end tasks in an effort to create more balance in your life and gain strength for the task where "Quitting is not an Option."

In the **NO QUIT ZONE** we believe that "Quitting is NOT an option. "However, there is another side to that statement. Some of the most successful and well balanced people have quit various things in their lives to accomplish goals. Individuals who have the ability to escape dead ends quickly while staying focused and motivated achieve great things apart from others.





### What are the unique strengths of your programs?

Our programs focus on innovative, practical, "works in real life" strategies that are effective regardless of age, gender, marital status, children, or occupation. The greatest strength is that the strategies adapt to any life style and continue to work for years after the event. We guarantee that students will leave armed with ideas they will actually use. The high energy, interactive, humorous presentations connect students throughout the entire meeting. In addition, our topic encourages students to fully participate and feel like an integral part of the event.



#### How do I book a date?

Contact our office at 469-298-9357. One of our staff members will go over what you are looking for in terms of presentation. Prior to calling it is helpful if you have as much detail as possible about your event. You can also submit your request online at our website (<u>www.noquitzone.net</u>). Once all the details of the event have been agreed upon by both parties, we will send you a contract for the speaking engagement. You have approximately two weeks to sign the contract and return it to us. If you have college or university contracts or riders that you need us to sign, that is no problem. We are known to have a very simple and upfront process.

### Why do you quote all-inclusive prices?

It is a lot easier for all parties. We believe in a stress free working relationship. You will never have to worry about hidden fees or any surprises. Once we agree on a date, time and topic(s), we will quote you the all-inclusive price and place that in the contract.

The No Quit Zo

Presentations are perfect for:

- ✓ Youth Conferences
- ✓ School Assemblies
- ✓ Colleges & Universities
- ✓ Student Leadership Trainings

Crystal's message inspired me in many ways! From graduating high school as a single parent teen mom, attending college, and becoming an engineer. She never gave up. As a college student with no kids, it motivates me more and gives me that little extra push that I needed. I know if she did it while being a teen mother, I can too! Angel Connors State College, Warner ,OK